

FB - FOUND BEAUTIFUL
A beauty editor's box of delights

REN SKINCARE & WHY I LOVE FACIALS

Lucky me, I recently got to review a Ren facial at **The Surrey Retreat**, a spa that offers this fabulous British brand's signature treatments



I've mentioned **before** that I think **REN** products are some of the best you can buy, and Marielle Alix, Head of Therapy & Training for Ren, is a facialist of extraordinary skill so all in all it was a bit of win-win situation for me.

In fact, the only problem was trying to stay awake while my face was massaged with the brand's very lovely and sweet smelling oils and luxurious creams. This I managed to do by asking professional-sounding questions. Meanwhile my brain drifted into that deliciously deep place full of profound thoughts that isn't quite the land of nod and is the reason that I love a good facial.

'Is there a name for this state of soporific bliss?' I asked in one of my more lucid moments (about the time the face mask was removed, I think). To summarise the ensuing discussion, it appears there isn't. 'Relaxed' doesn't get near it, 'meditative' is a bit too worthy (after all I'd done nothing but lay on my back), and 'nirvana' too Kurt and Courtney. 'Away with the fairies' would be a serious contender if it wasn't the term used a few years back by the midwife who took my gas and air away when I was in labour (because I wasn't listening to her, apparently), while 'stupor of wonderment' is a bit too silly.

So, such a lovely place to be...but no name for it. Unless you know better?